

2ND ANNUAL CONFERENCE ON ALZHEIMER'S DISEASE

EVIDENCE-BASED METHODS TO PRESERVE BRAIN FUNCTION AND PREVENT ALZHEIMER'S DISEASE

SATURDAY, MAY 1, 2010

7:45 am - 5:15 pm



Margaret McCormick Doisy
Learning Resources Center

Saint Louis University School of Medicine
3545 Vista Avenue, Saint Louis, MO, 63104

Chairs:

George T. Grossberg, M.D.
Abhilash K. Desai, M.D.

**Evidence-Based Methods to Preserve Brain
Function and Prevent Alzheimer's Disease**
Saturday, May 1, 2010
School of Medicine Learning Resources Center

School of Medicine
Continuing Medical Education
3839 Lindell Blvd.
St. Louis, MO 63106

SAINT LOUIS UNIVERSITY



NON-PROFIT ORG.
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT NO. 184

2nd Annual Conference on Alzheimer's Disease

EVIDENCE-BASED METHODS TO PRESERVE BRAIN FUNCTION AND PREVENT ALZHEIMER'S DISEASE GENERAL INFORMATION

SATURDAY, MAY 1, 2010

OVERVIEW

The conference is intended for physicians, physician assistants, nurses, social workers, long-term care administrators, caregivers and other professionals who care for Alzheimer's Disease patients in various settings.

OBJECTIVES

To update physicians and audience on :

- Current dietary and nutritional approaches to promote brain health.
- Identifying and controlling risk factors that may increase the risk of Alzheimer's Disease.
- Current known and proposed protective factors for Alzheimer's Disease.
- Current and future drug therapies which may preserve brain function and prevent Alzheimer's Disease.

LOCATION

Margaret McCormick Doisy Learning Resources Center
Saint Louis University School of Medicine
3545 Vista Avenue, St. Louis, MO 63104

FREE PARKING AT HICKORY EAST GARAGE

ACCOMMODATIONS INFORMATION

Water Tower Inn on the Saint Louis University Campus. The rate is \$75 plus tax per night. Please make your own reservations by calling 314-977-7500.

FOR INFORMATION

Continuing Medical Education
Saint Louis University
Phone: (314)-977-7401
Fax: (314) 977-4533

SPONSORED BY:

Saint Louis University School of Medicine, Department of Neurology & Psychiatry, Division of Geriatric Psychiatry, St. Anthony's Medical Center in cooperation with:



alzheimer's  association®



CONTINUING EDUCATION

ACCREDITATION: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMERICAN MEDICAL ASSOCIATION: Saint Louis University School of Medicine designates this activity for a maximum of 8 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PT/PTA CONTINUING EDUCATION: 9.5

State of Illinois Physical Therapy Continuing Education Sponsor
License # 216-000085 Expiration Date: 09/30/2010

OT/OTA CONTINUING EDUCATION: 9.5

State of Illinois Occupational Therapy Continuing Education Sponsor
License #224-000052 Expiration Date: 12/31/2011
State of Missouri will accept credits for PT/PTA for activities receiving AMA credits.

NURSING CONTINUING EDUCATION : 8

Saint Louis University School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Missouri Nurses Association provider # 112-VII.

SOCIAL WORK CONTINUING EDUCATION : 8

Saint Louis University School of Social Work certifies Continuing Education programs in Missouri, and Illinois # 159.000573.

NURSING HOME ADMINISTRATOR CONTINUING EDUCATION

Pending approval for 7.5 credit hours.

VALIDATION OF CONTENT: Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which require that:

- All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients
- All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis
- Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.

2nd Annual Conference on Alzheimer's Disease

EVIDENCE-BASED METHODS TO PRESERVE BRAIN FUNCTION AND PREVENT ALZHEIMER'S DISEASE SCHEDULE AND LECTURES

SATURDAY, MAY 1, 2010

7:00 am	Registration and Continental Breakfast	
7:45 am-7:50 am	Welcome and Opening remarks	Henry Kaminski, M.D.
7:50 am-8:00 am	Introduction by Chairs	George T. Grossberg, M.D. Abhilash K. Desai, M.D.
8:00 am-8:45 am	Complementary and alternative therapies to promote brain health. (Tai Chi, Yoga, Meditation, herbal remedies [ginkgo, ginseng])	Joseph Flaherty, M.D.
8:45 am-9:30 am	Role of Vitamins and Chemical Chaperones in Promoting Brain Health	James D. Shoemaker, M.D., Ph.D.
9:30 am-10:00 am	Role of neuropsychological testing in assessing cognitive function in adults	Lauren Schwarz, Ph.D.
10:00 am-10:15 am	Questions and Answers	
10:15 am-10:30am	Break	
10:30 am-11:00am	Role of Genetics in Predicting Dementia Risk	W. Maurice Redden, M.D.
11:00 am- 11:30 am	Role of Physical Activity and Exercise to Promote Healthy Brain Aging	Rosemary Norris, P.T., MS
11:30 am-11:45 am	Questions and Answers	
11:45 am- 1:00 pm 12:00noon-12.30 pm 12: 30pm-1.00 pm	Lunch & Learn Role of nutrition to promote brain health Role of leisure-time activities to promote mental activity	Abhilash K. Desai, M.D. George T. Grossberg, M.D.
1:00 pm-1:45 pm	Impact of cardiovascular disease and cerebrovascular burden on brain health	Anjan Bhattacharryya, M.D.
1:45 pm-2:15 pm	Role of optimal sleep in promoting cognitive health	Raman Malhotra M.D.
2:15pm – 2:30 pm	Questions and Answers	
2:30 pm – 2:45 pm	Break	
2:45 pm – 3:15 pm	Impact of depression on brain health	Jothika Manepalli, M.D.
3:15 pm – 3:45 pm	Importance of Early Stage Programs in promoting better care.	Cheryl Wingbermuehle, LCSW
3:45 pm – 4:15 pm	Dementia risk factor index and update on drugs/ treatments for AD in the pipeline	George T. Grossberg, M.D.
4:15 pm – 5:00 pm	Holistic approach to achieving and maintaining cognitive vitality. Center for Healthy Brain Aging – update.	Abhilash K. Desai, M.D.
5:00 pm- 5:15 pm	Questions and Answers	

2nd Annual Conference on Alzheimer's Disease

EVIDENCE-BASED METHODS TO PRESERVE BRAIN FUNCTION AND PREVENT ALZHEIMER'S DISEASE

REGISTRATION

SATURDAY, MAY 1, 2010

TUITION FEE:

SLU Physicians/Residents/Medical Students/Nurses/PAs	Complimentary
Non-SLU Physicians	\$100
Non-SLU Residents/Medical Students	\$25
Healthcare Administrators/Nurses/Social Workers/Therapists/PAs	\$75
Caregiver/ Lay Person	\$50



ONLINE REGISTRATION
(preferred method of registration)

<http://medschool.slu.edu/cme/alzheimers>

CANCELLATION & REFUND POLICY:

Prior to April 16, 2010.....Refund in full
 April 17 - April 26, 2010.....Refund less \$25
 After April 26, 2010.....No refund

The site allows you to:

- Register
- Pay by credit card, if applicable
- Print payment receipt
- Obtain activity update

METHOD OF PAYMENT

Make checks payable to "Saint Louis University CME"

SEND REGISTRATION FORM AND PAYMENT TO:

Saint Louis University School of Medicine
 Continuing Medical Education
 3839 Lindell Blvd.
 St. Louis, MO 63106

First Name Middle Initial Last Name

Degree Position/Specialty

Date of Birth (used for CME ID) Please circle the certificate you want to receive: AMA ANA Allied Health Social Work None

Street Address City State Zip Code

Business Phone Home Phone Fax Email address (*required*)

Special Needs